



GOOD MORNING

OUR BREAKFAST MENU

The Traditional Wheelhouse

Enjoy the full works or choose a selection of:

Premium back bacon, Cornish pork sausage*, sautéed mushrooms, grilled tomato, Heinz baked beans, fried bread & your choice of Scilly free-range eggs - fried, poached or scrambled

**veggie sausages available*

Eggs on Toast

Free-range Scilly eggs, fried, poached or scrambled, served on Plowman's local white or granary buttered toast

Boiled Eggs

Scilly free-range eggs cooked to your liking and served with hot buttered soldiers.

A Crispy Bacon Sandwich or Sausage Butty

Served on white or granary buttered local bread.

Cornish Smoked Haddock

Natural Cornish smoked haddock topped with a soft poached free-range Scilly egg. **Pre-order the night before*

Kippers

Grilled kipper fillet brushed with melted butter & served with eggs as you like them (we like our kippers with scrambled eggs!)

**Pre-order the night before*



Help yourself from the buffet table:

Chilled Fruit Juices

Orange, apple and cranberry

Cereals & Fruit

A range of Kellogg's cereals & muesli

Fresh fruit platter

Plums poached in orange juice

Grapefruit segments & Prunes in light syrup

Yoghurts

Natural Greek style yoghurt and a selection of fruit yoghurts

Preserves

Our homemade Wheelhouse Marmalade

A selection of Jams and Honey

Marmite

Porridge

Made to order with semi-skimmed milk (soya milk available).

Toast

We use Plowman's Food Company white or granary bread

Trewithen Cornish butter

Hot Drinks

Freshly brewed Cafetiere Coffee (*decaf available*)

English Breakfast Tea or Earl Grey

Decaf, Green & Fruit Teas

Hot Chocolate